

"Building Our Sense of Community"

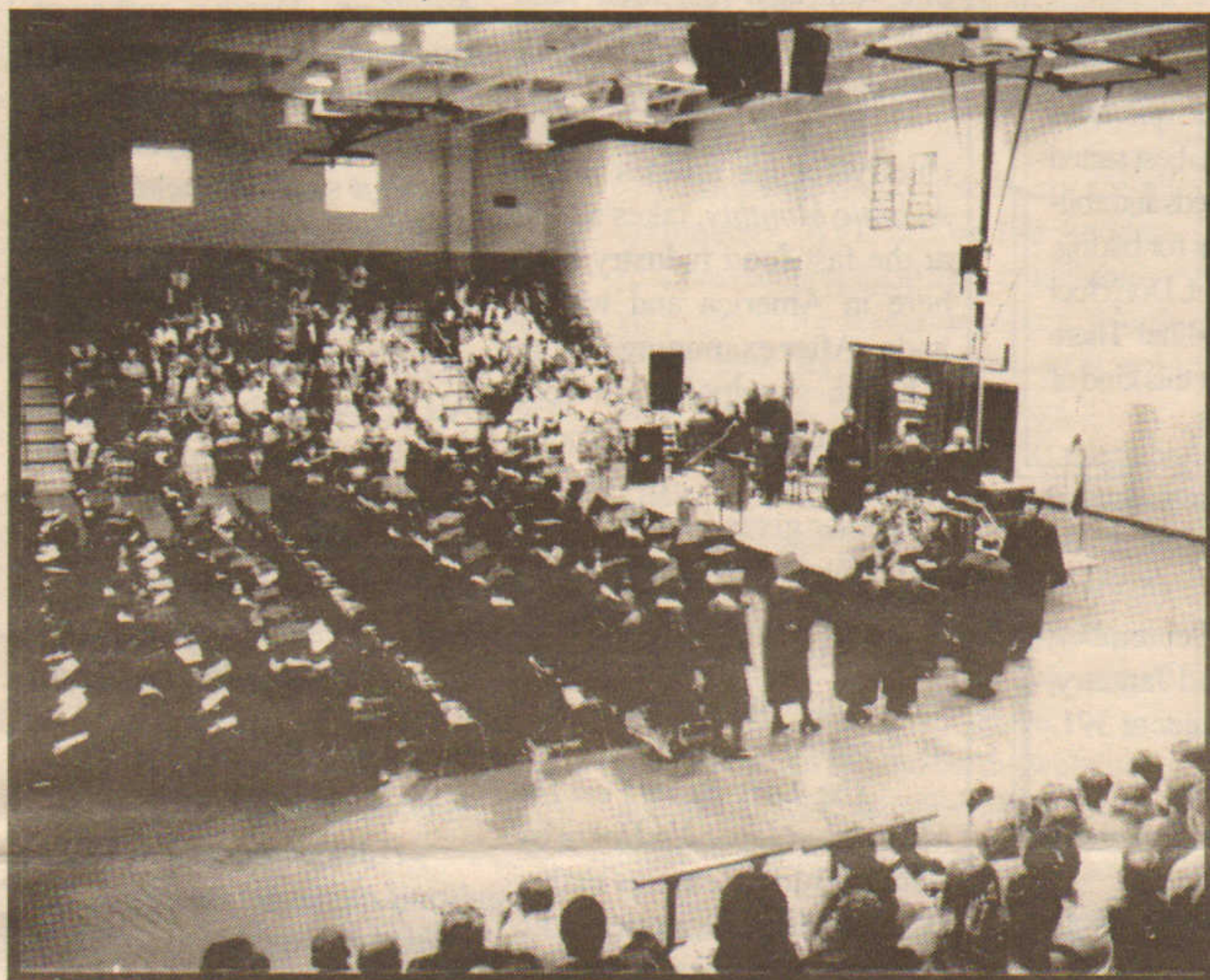
Shelton State Courier

New Series Vol. 5, Number 8

Shelton State Community College

May 31, 2001 - June 27, 2001

Onward and upward for Shelton



Some 375 students took part in graduation ceremonies on the Shelton State campus this spring

The college weathers proration's effects and enjoys a banner school year

The college has been set up in its new headquarters on Old Greensboro Road for four school years, excluding this summer session. As many major league ball teams have also found, Shelton State has discovered that new digs can make all the difference in the world.

Even though the general talk of

higher education in the state has been on the devastating effects of double-digit budget proration, Shelton has enjoyed significant enrollment increase of more than 7 percent in the spring and looks for about a 20 percent increase for the summer, with about a 30 percent increase in credit hour production.

Much of the general well-being of the college seems to have been generated by the new campus and physical plant. Dean of Students Dr. Humphrey Lee recently related how one student from north Alabama passed by on her local community college in favor of Shelton. "She was just bowled over by the cam-

pus," Lee said.

But architectural and horticultural beauty are not the only reasons for the college's success, according to some people in the know. "This was an exciting year for all areas of the college," said President Rick Rogers. "Enrollment-wise we've enjoyed a significant increase. We've had new faculty and administrators who have brought in exciting new ideas. Athletically, it was probably the most successful year we've ever had, with our basketball and baseball teams enjoying record seasons, our soccer team winning more games than ever and our golf team still vying for a national championship."

A Team That Works Together

Finishing his first year at the helm of the college, Rogers has managed to assemble a strong—but numerically lean—team of administrators.

The key new appointment was Dr. Mark Heinrich, formerly of Carson-

Newman College of Jefferson City, Tenn., who was appointed dean of academics and is coordinating all instructional program with unprecedented unity of purpose. Heinrich recently commented that he will be focusing on such new millennium challenges as distance learning, the integration of the Internet into college life, enrollment management and dual-enrollment.

"Dr. Rogers believes in assembling a team and empowering them to do their jobs," commented Diane Layton, a new assistant dean in student affairs, along with Susan Mohun.

Another two administrators assisting Heinrich are Associate Deans Lyda Black and Camille Cochrane, two veterans of the Shelton staff taking on new roles. Their enthusiasm can be summed up in the comment Cochrane made to *The Shelton Chronicle*: "I am now a cheerleader and champion of all academic pro-

Onward cont'd on pg. 3

Canterbury wins a top Shelton honor on his way to booth—or Bristol

When sports announcer, actor, and honor student Thomas Canterbury moved to Tuscaloosa in the summer of 1991, more than just the scenery around his life changed. In October of that year, Canterbury was stricken with juvenile-onset diabetes. But he took the disease head on, and accepted it as a challenge.

"I remember saying in the hospital that 'I have diabetes, it doesn't have me,' and I've tried to live by that," Canterbury said. "And having Diabetes has opened up so many doors for me."

Canterbury was born in 1979 in

Mesa, Ariz. and grew up as a sports nut, under the influence of his father. Like most kids, he had visions of being the Super Bowl quarterback or the World

Series winning pitcher. But something else that was also born in 1979 began to draw his attention—ESPN, broadcasting from Bristol, Conn.

"After a few years of little league, I figured out my dreams of star athlete probably wouldn't come to fruition, so the next

best thing would be to report on sports," Canterbury said. "I remember as a kid

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Tom Canterbury receives the James B. Allen award from President Rick Rogers

Sheltoniana Which Can
Be Found Nowhere Else

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Shelton News... Throughout

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Alabama state parks: the 'secret' place to chill...

Victor Burlingane

We're not all going to live in Tuscaloosa forever, and they do call our state "the beautiful" for a reason. There are numerous quality parks within minutes of T-town. There are trip-worthy parks all over our state in fact. One of the best parts, especially to us students, is that they are all inexpensive to visit with most ranging from free to a couple dollars.

Feel like a hike or swim? It doesn't matter what fitness level or experience you have; there are enough parks to meet the needs of virtually anyone. Alabama state parks offer a vast range of leisure

activities, ranging from hiking or mountain bike trails, to boat launches and scenic lakes. The common thread shared between all parks is the incredible sense of escape you feel when you visit one.

There really isn't anything that compares to the omnipotent beauty and grandeur that nature provides us. Regardless if you're hammering down some single track on your bike, squirting down river in your kayak, strolling alongside a placid lake, or merely hanging out at an overlook taking it all in, the benefits of getting outdoors is immeasurable. Parks give you an ever changing environment to explore, to get some exercise, to escape urban pressures and to free yourself of obligation momentarily. It almost sounds

too good to be true doesn't it? You're probably asking yourself, "Where do I sign up?"

There are numerous ways to find a park that is right for you. I would suggest talking to a professional outfitter in an area you're interested in. For example: If you are interested in hiking, talking to a local shop will provide you with someone who is not only eager to share everything he knows about trails in the area, but it will give you a chance to ask questions about which trails are best suited for your particular needs and ability. The same applies for biking, kayaking, you name it. Don't feel like talking? Get on-line! There are more websites for this kind of thing than I can list.

Future Issues

This is the eighth *Courier* of the year. We will publish twice each month in September, October and November. One per month is set for June, July, August, December and January, 2002. Let us know what you would like to know about Shelton by calling the publisher at 391-2278 or the *Courier* editorial office at 391-2406.

Reviewer says pay attention when Possum's playing

By Lacey Loppnow

Tired of hearing the same old bands over and over? A new band has entered the Tuscaloosa band scene. Their name is Possum. They have played a couple of times, but are just now starting to be recognized. This jam band entertains with loud, energetic music, playing Phish to Wide-spread Panic to Grateful Dead. This five man band rocks out the bars with a variety of instruments like keyboards and congas. Lead guitar and vocals man Ross Gower says, "We just like to see people jam, and dance to our music. Tuscaloosa is our kind of place." Their funky sounds of cover songs will sure keep you on your feet.

With a variety of gigs in Birmingham, it is good to see a band that has so much energy light up the bar scene so close to home. "I love coming out to hear them play. I try to make it up to Birmingham as much as I can. They are totally the best band to hit Tuscaloosa," local fan Allison Schmidt commented.

With a shows tentatively scheduled this summer on the strip, a crowd is sure to be expected. So if summer jobs or summer school have you stressed, keep an ear out for Possum, and enjoy some of the finest music to appear in Tuscaloosa.

Off the Shelf...

New works available in the Brooks-Cork Library

By Glen Johnson

On the Best-Seller Shelf...

If we really are what we eat, then Eric Schlosser's *Fast Food Nation* ought to provide compelling reading for everyone who eats fast food (and that should include just about everyone).

In it, Schlosser, known chiefly for his articles in the *Atlantic Monthly*, takes a look at the fast-food industry both here in America and worldwide. After examining it from a health standpoint, an economic angle, and the social implications involved, Schlosser gives us a thorough and thought-provoking analysis. And it's also in a remarkably readable form that makes this serious subject quite easily digested.

The Last Report on the Miracles at Little No Horse by Louise Erdrich features Father Damien Modeste, a priest who for many years has served the Ojibwe people of the remote reservation at Little No Horse. Inspired in his long and dedicated service by a direct mysti-

cal experience, Damien now faces the greatest challenge of his life: the threat of discovery that he is in fact a woman who has lived all these years at Little No Horse passing as a man. Hard to pass this one up.

And for hot summer reading, it's even harder not to take on Jeffrey Deaver's *The Blue Nowhere*. Deaver, author of the best-sellers *The Empty Chair* and *The Bone Collector* now has fallen into cyberspace where a sadistic hacker, who uses the code name of Phate, is running amok in Silicon Valley invading his victim's lives by infiltrating their computers. All you need is a lawn chair with a tall ice tea on the side and you're ready to go.

Sports: *Michael Jordan and the New Global Capitalism*, by Walter LaFeber; *Muscular Christianity*, by Tony Ladd;

Music: *A Brahms Reader*, by Michael Musgrave;

Literature and writing: *How Language Comes to Children*, by Boysson-Bardies; *I Will Bear Witness*, by Victor Klemperer; *Writing As a Second Language*, by Donald Davis; *Keys to Great Writing*, by Stephen Wilbers.

Shelton State Courier

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Publisher: Dr. Jim Kenny

Business Manager: Christy Sparks

The *Shelton State Courier* is a "campus newspaper" written and produced with the help of students.

Among other functions, it is intended as a vehicle for student expression and all students are

urged to participate with submissions of written and artistic material.

The college seeks to fulfill the statement for academic freedom in working with the students in the production of this paper:

"The college seeks to provide an atmosphere conducive to open and honest intellectual inquiry in any college forum which is appropriate for dialogue and student participation. The students should feel free to exercise the right to dissent within limits of decorum and good taste."

All publications are subject to review by the Publications Action Group, which has been delegated the responsibility to review all college publications for content and accuracy.

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Onward cont'd from pg. 1

grams, not just math," said the long-term math head. "I want to help the college reach its overall goal."

Honors Inside and Out

At the end of the academic year, the college has opportunity to honor its students, alumni and supporters during various functions. The top four students of the year were Tiffany Pate, who won the Leo Sumner Outstanding Sophomore Award; Ashley Brooke Booth, recipient of the Thomas E. Umphrey Outstanding Freshman Award; Thomas Canterbury, winner of the James B. Allen Award for Leadership, and Nicholas Bradley Coleman, who won the Harold I. James Outstanding Technical Student Award.

One honor for both the college and an individual was the selection of Alabama Court of Criminal Appeals Judge Sue Bell Cobb as commencement speaker May 10. The selection reflected well on both sides as Cobb congratulated the grads and dynamically urged them to take leadership positions in a state that needs their best efforts.

By all accounts, Shelton continues to prepare its alumni for the challenges.



Imagery at the End of a Good Year—(Clockwise from Top L) Tiffany Pate receive the Leo Sumner award from the man himself; Honor students munch down on a pizza picnic; the family of Chuen-Chuen Fang are on hand to see the college name the physics award in her honor; the family of Andy Hayda, former SGA president at Shelton, get together as the SGA plaque is given in his name; Allison Wilkes croons during a performance of the Shelton Jazz Band and the Shelton Singers during Honors Week; and Judge Sue Bell Cobb, President Rick Rogers and Dean Humphrey Lee debate the merits of wearing mortar boards during graduation ceremonies.



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Sports

—The Buccaneers are Here to Play—



Baseball wins conference with strong season, but falls short in tourney

By Scott Rachlin

With a roster full of freshmen and a limited supply of experienced sophomores the Shelton State Buccaneer baseball team entered the 2001 season with many questions and large shoes to fill. The 2000 team completed the year with a final conference record of 28-2 and a third place finish in the state. Coach Bobby Sprowl's team had many shoes to fill in a short period of time. With a very young team it was up to the sophomores to make sure the freshmen fit into the system.

"At Shelton we have a good facility, good faculty and without a doubt it is one of the top junior colleges in the south and not just the state," Sprowl said. "That's why each year the new squad has large shoes to fill."

As the season opener approached, the Bucs wrapped up spring practice with an abundance of inexperience but a great feeling about the pitching staff and the dangerous lineup of lefty sluggers. Early in the year, the Bucs were dealt a devastating blow when sophomore pitching ace Jason McCollister suffered an injury severe enough to require surgery, ending his season before it started and

leaving the Bucs with no returning pitching starters.

"Other than the guys getting hurt it's been a real good season," Sprowl said. "You hate to see anyone get hurt at a college level because eventually time's going to run out on them."

To enter the season with inexperience on the mound is a death wish in itself, but at the same time challenges the incoming freshmen to step up their performance. The "new" staff included unfamiliar names as Ryan Beagle, Adam Price, Justin Roberts and many more. The lone returnee from the 2000 squad was Brandon Autry who was a leader and this year's closer.

As far as the offensive side of the team, Sprowl reloaded after losing six big bats from last year's lineup. Plugged into the lineup was first baseman Glenn Hardy, left-fielder Jason Utech, shortstop Eric Edmundson and transfer second baseman Aaron Tennyson. The returning bats included Jared Walker, Griff Israel and Scott Rachlin. With enough depth to make out two strong lineups, Shelton had no reason to worry about run production.

After making it through its tough pre-

conference schedule with an impressive 14-9 record, including wins over perennial powerhouses Wallace Hanceville and Okaloosa Walton (Fla.), the Bucs were sitting pretty ranked tenth in the national poll.

The pitching had definitely done its part and so had the hitters. With a solid balance of clutch pitching and timely hitting the Bucs were looking to once again dominate the conference.

Unfortunately, towards the end of the season the team suffered another huge blow when star left-fielder Griff Israel went down for the season with a severe shoulder injury. Israel, a two-year starter and clean-up hitter, was hotter than Alabama in the summertime when he went down. He had reached base safely in his last 11 at-bats while accumulating a .446 batting average.

The team continued to fight through adversity and after sweeping rival Gadsden State split a regular season conference championship. The team finished the regular season with a 38-15 record and were ranked fourth nationally.

"Any time you win your championship you know it's a good season," Sprowl

said.

The Bucs then headed for Gadsden for the state championship tournament where the top eight teams battle it out in a double-elimination tournament.

After a dramatic tenth inning win over Lurleen B. Wallace, Shelton fell in consecutive losses to Beville State-Fayette and Alabama Southern, eliminating the Bucs from the tournament and ending their season. Errors proved costly for the Bucs all weekend long as they committed eleven between the two losses.

"It's unfortunate our season had to end on such short notice, but we did not play well this weekend," sophomore Jared Walker said. "Being a sophomore, I wanted to leave this state tournament with a championship, but things don't always work out the way you want them to."

Many of the sophomores have signed scholarships to four-year universities. Those players include Brandon Autry (University of West Alabama), Jared Walker (Birmingham Southern), Griff Israel (University of Southern Mississippi) and Scott Rachlin (University of South Florida).

Canterbury cont'd from pg. 1

"I remember as a kid getting the paper the day after the NFL Draft and reading out the names like I was announcing them on TV, and my baseball, basketball or football games against the invisible opponent always had running commentary."

If any of these "games" sound a little odd to you, you must remember that Canterbury is an only child.

When his family decided to move to Alabama, Canterbury had mixed emotions.

"I liked where I was living then, but I had also always liked the Crimson Tide, so I thought that maybe I would get to go to some games."

When school started in August, Canterbury began to feel weak. He was constantly thirsty, going to the bathroom and losing weight. On the morning of October 7, 1991 he was taken to the hospital where he was diagnosed with diabetes, a disease where the body is unable to break down sugar into energy.

To manage his disease, Canterbury now wears an insulin pump, which gives him a steady stream of insulin to regulate his blood sugar. For the next seven years after his diagnosis however, he took three to four insulin shots a day coupled with finger pricks to check his blood.

"The shots became an everyday thing, like brushing your teeth," Canterbury said. "They weren't that bad, and when the alternative is death you do what you have to do."

Having diabetes has not been a curse for Canterbury; in fact, he considers it a blessing.

"I've had so many opportunities. This year will be my tenth year at Camp Seale Harris, a camp for children with diabetes located in Jackson's Gap, Ala. I was a camper for six years and this will be my fourth year as a counselor. Also, because of the state's vocational rehabilitation program, I have books and tuition paid for at any public college or university in the state. All of this would not have been possible if I didn't have diabetes," Canterbury said.

After graduating from Central High

School in Tuscaloosa with a 3.5 GPA, it was time for him to choose where he would go to college, the University of Alabama or Shelton State. It was his love for another type of competition, Scholar's Bowl, which led him to choose Shelton.

"I've been hooked on Scholar's Bowl ever since my eighth grade team won the state championship," Canterbury said. "I played for four years at Central and I could continue play at Shelton, so I came here."

Canterbury was captain of the Shelton Scholar's Bowl team for two years, and was twice named to the All-State team.

Shelton's new facilities, especially the Bean-Brown Theatre, also attracted Canterbury.

"I've always liked acting," Canterbury said. "Since I've been here, I've acted in or worked tech for over twenty Theatre Tuscaloosa and Shelton State Theatre Dept. shows. In fact, I just received an associates degree in Theatre."

In his fourth semester at Shelton, another opportunity came Canterbury's way, and this one was related to his hoped for profession, sports broadcasting. In Dr. Jim

Kenny's mass communications class, he heard that the school was looking for a public address announcer for Shelton basketball games. Canterbury jumped at the chance.

When Canterbury came back for his fifth semester, his volunteer announcing job turned into a work study position where he not only announced, but covered all Shelton sports for the *Shelton State Courier*.

Canterbury's student career at Shelton culminated on May 3 at honor's night when he was awarded the James B. Allen Award for student leadership. (This is the same award his girlfriend of two years, Jennifer McGuff, won in 1999.) He then graduated from Shelton State on May 10. Now it's off to the University of Alabama where he will major in TV and radio broadcasting.

"My ideal jobs would either be to take over for Eli Gold and do Alabama sports or to be an anchor on SportsCenter," Canterbury said.

The sky may be the limit for Canterbury, or at least Bryant-Denny Stadium's press box or riding the even higher TV waves emanating from Bristol, Conn.

Cosmetology to unveil latest machine to public soon

By Brooke Oliver

Do you want your skin to look younger?

The Cosmetology Department of Shelton State has just purchased the latest model of the Dermaglow II Microdermabrasion machine that can help reverse the aging process. Microdermabrasion is also known as particle skin exfoliation, which is the mechanical removal of part of the epidermal stratum corneum, or the outer most layer of the epidermis. This process stimulates the basal layer which promotes cellular regrowth.

The procedure has been called the "lunch-time peel," because it only takes 20-40 minutes; then the client can return to work, and benefits are immediate.

Microdermabrasion can be used on men and women of any ethnicity, but best results are achieved on persons between the ages of 30 and 65. The procedures help reduce the appearance of fine lines, scarring, uneven texture, hyperpig-



Under the watchful eye of instructor Kaye Watts, Rita Griffin practices her dermabrasion technique on fellow student Mary Redman.

mentation and stretch marks.

Instructors will begin teaching cosmetology students this summer how to

work the machine. Kaye Watts, a certified instructor said, "By mid-summer students in the program will be able to

give treatments themselves." Watts says "It's not hard; it just takes concentration."

Watts explained what is going on when the machine is in operation. "Microdermabrasion works on the principle of a closed-loop vacuum system, a compressor and a hand piece which sprays crystals onto the epidermis, then vacuums up the used crystals and exfoliated skin cells."

Other certified instructors are Shirley Nix, head of the department, Becky Horton, and Wynell Moore. Annette Bigham is in the process of being certified.

"It's fantastic. It makes a world of difference in your skin. It helps diminish or refine small lines," Watts said. She also said it can reverse some of the aging process.

The microdermabrasion treatment will be available to clients later, although Watts said prices couldn't be released at the time of the interview.

Winn Dixie scheduled for June 21 opening

John Townsend

Big business south of Tuscaloosa and right down the road from Shelton the new Winn Dixie Shopping Center promises to make consumers happy by saving time and gas.

Construction of the shopping center started almost a year ago by Hall-Taylor Construction. But tragedy struck as the deadly F-4 tornado struck Dec. 16 and demolished the structure of the building. This set the construction

back five months causing the opening date to be moved to June 21, this according to Walt Graham, project manager. The AmSouth Bank in front of the shopping center will open June 4.

The other stores in the shopping center have not yet signed lease agreements. Tenants pending include a bookstore, cleaners, restaurant and dentist office. Though contracts have not been signed they are "strong possibilities," says Graham.

A new author has arisen

Soon to be available for sale is the book titled *The Coming of Destiny's Magic*.

If you like romance, vampires, witches and magic, you will love this paranormal story. A book written by D.J. Reinhardt, the aunt of none other than our used car salesperson, Jamie Parker.

This is a must read for all who have a taste for a little horror and romance. This book is to be found at www.iuniverse.com in about 3 months.

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College rededicates Freedom Shrine near library

Lacy Loppnow

The Freedom Shrine, donated by the Exchange Club of Tuscaloosa, was rededicated Thursday, May 3, at Shelton State Community College. They Free-

d o m Shrine, located on the second floor adjacent to the library, is a collection of photographic reproductions of original documents from American history. This display

consists of 30 documents representing our country and its freedom. There are only two sets in Tuscaloosa; the other is located in the courthouse. Larry Mund, Freedom Shrine chairman, presented the display to Shelton State, "As you read, you will be reliving this country's history," he reminds us.

The display consists of the Bill of Rights, the Mayflower Compact, the

Declaration of Independence, and the U.S. Constitution. It was located at the old Shelton State campus on Skyland Blvd., but has been modified to include the proceedings of the Susan B. Anthony trials, and Dr. Martin Luther King's "I Have a Dream" speech.



Members of the Exchange Club and Shelton staff gather to mark the installation of landmark documents

Martha Cook, President of the Exchange Club, said "Club members hope that rededicating this Freedom Shrine remind all citizens of the cour-

age, dedication, and sacrifice of their forefathers." Almost 11,000 Freedom Shrines have been dedicated to schools, military installations and government buildings, thanks to the work of the Exchange Club, since 1949. Their goal is to encourage citizenship and patriotism among their fellow Americans.

"The Freedom Shrine is our country's greatest visual aid," Mund says.

Tuition to take another bite of college students

Tuition at Shelton State Community College along with the other two year colleges in the state will increase this fall for the second time this year. The Alabama State Board of Education took the action as part of a recommendation during its April meeting.

The board's recommendation went on to say "that the Alabama State Board of Education authorize revision of the tuition rate for community, junior and technical colleges to provide a tuition rate of \$60 per semester credit hour." The board estimates the increase will produce \$14 million annually in additional estimated tuition revenue when all institutions revise the rate.

"Tuition for all two-year colleges in Alabama regrettably had to be increased this fall," said Shelton president Rick Rogers. "Proration has had a tremendous impact on Shelton State and the entire two-year system. At this late

stage of the year, we are having to cut 11.17% of our budgets. The tuition increase will be used to benefit students by purchasing equipment and materials. The college is reducing expenditures in areas of travel and in our management budget. In addition we are not filling several staff and administrative positions. However, the instructional budget should remain intact."

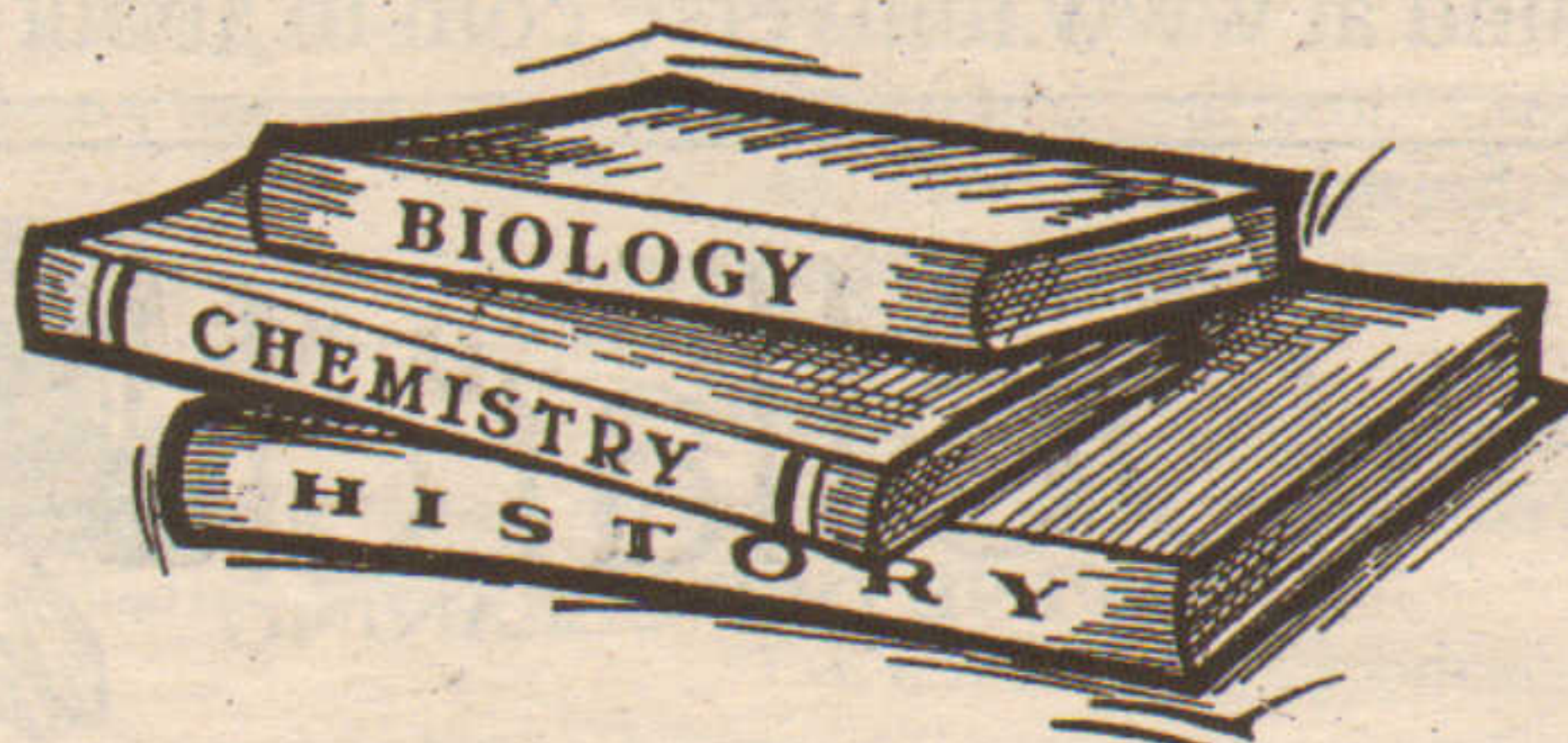
Tuition at Shelton this fall will be at \$60 a semester hour. For a three-hour course, students will pay \$204. Tuition for a full-time student taking 12 semester hours at Shelton this fall will be \$816. The maintenance and technology fees will each remain at \$4 a semester hour.

Tuition rates for out-of-state students will increase to \$128 per semester hour this fall semester. The new cost for a three-hour course for a non-resident student would be \$384 a semester.

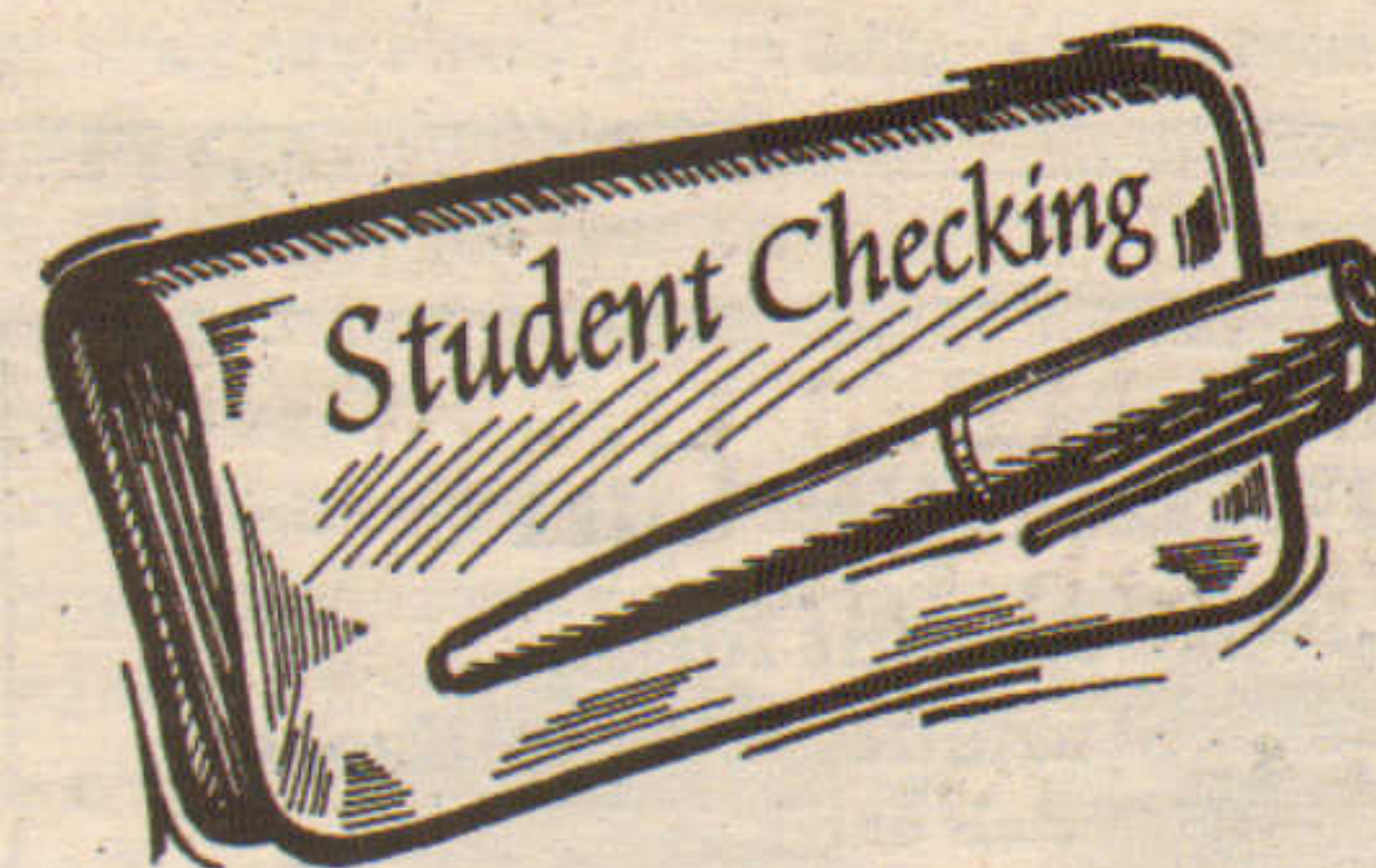
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AVL makes research a snap at Shelton

By: Suzanne Allen

Just two years ago, the Alabama Virtual Library (AVL) was a dream that some doubted could come true.

Today it's a three million dollar cooperative effort that brings an extensive collection of online resources to Alabama's schools, colleges, universities, and public libraries," says Josie Morgan, coordinator at the Alabama Supercomputer Authority. The AVL resources are free to all Alabama citizens through the funding of the Alabama Legislature. "It's the best thing the legislature has ever done for the students in Alabama, because it provides information for students Ages kindergarten through adult," says Dr. Deborah Grimes, the college's director of Library Services. AVL is not your average online resource center. There is no advertising allowed, it contains 53 different database sources, and it is accessible from your home, office, or any other remote location. "What makes AVL different from AOL or in other Internet provider is that all AVL databases purchased include full-text articles with reputable, refereed, and researched information," Barbara Dahlbach, Electronic Resources Coordinator at the University of Alabama,

says.

Also, Grimes says, "It takes the guess work out of the Internet because everything on AVL is bonifide and reputable."

The AVL was designed to provide the foundation for research appealing to the junior college student. Also it gives every student, kindergarten through college graduate, the resources to obtain new and historical, educational, and easy to retrieve information. The AVL was even recognized by SOLINET as an outstanding library program in the multi-type library cooperation category.

Because Shelton students are all commuters, AVL allows the students to access biographical and critical analysis at home for research papers, which really benefits the first two-year college students," Dahlbach says.

"We have had over 160 users at Shelton since January," says Grimes.

Students gain AVL access card through the Shelton State Library by asking for librarian Cindy Apodaca. All you need is an Alabama issued picture ID. The card is good for one year. You can also go on the website to access more information about AVL at <http://www.avl.lib.al.us>.

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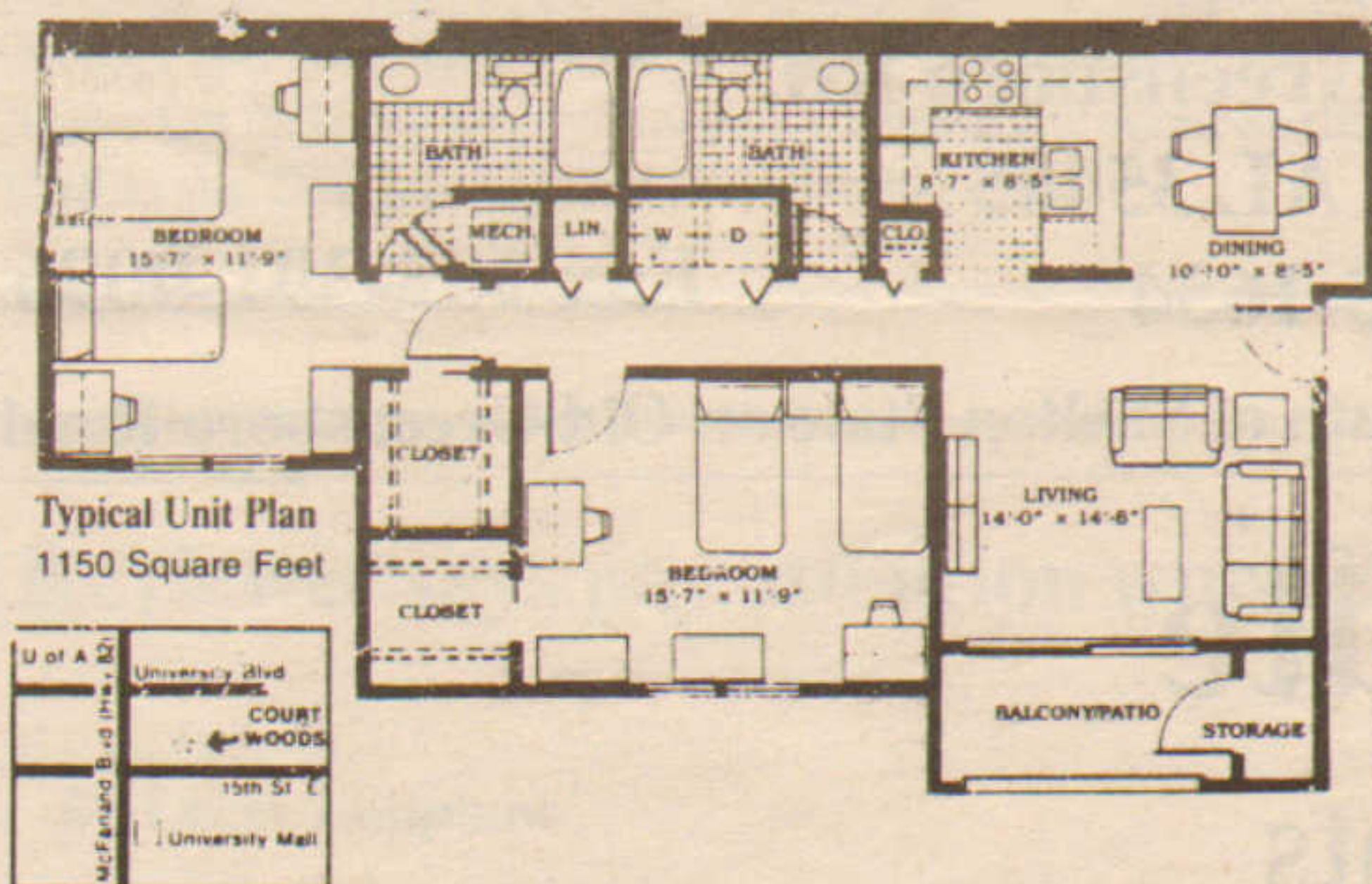
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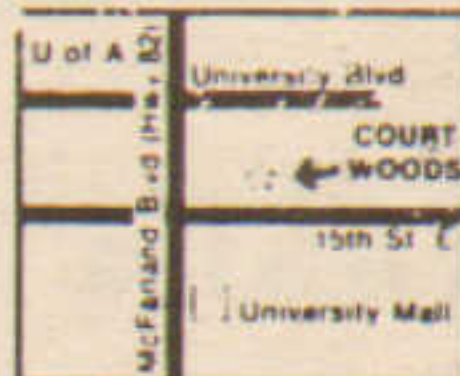
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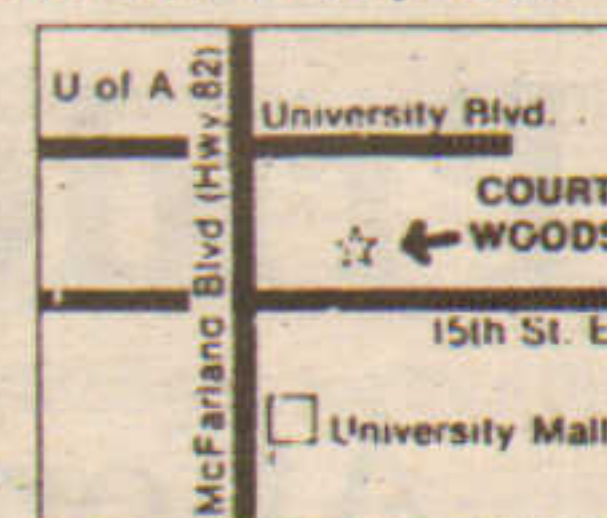
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